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# ***3 Steps to Align Your Beliefs with the Life of Your Dreams***

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## **Step 1: List beliefs that would support your desired transformation or manifestation.**

For example, if you wanted to live in greater financial wealth and abundance, you might list the following beliefs:

- I'm worthy of financial abundance.
- I deserve to live in wealth.
- There's enough for everyone.
- My thoughts become things.
- Material things arise from thought.
- The Universe loves me.
- God wants me to be rich.
- Money is a form of spirit.
- I can do more good with money than without it.
- It's easy to make money.
- Everything I touch turns to gold.
- I'm surrounded by wealth and abundance.
- There are endless ways I could become wealthy.
- I believe in myself.
- I'm now ready to be wealthy.
- All things are possible.
- The present is my point of power.
- Succeeding in any area of life is easier than not.
- I was born with default settings to have all good things.
- My positive thoughts are 10,000 times more powerful than negative ones.

## **Step 2: Study your list.**

Post it up around the house. Dwell on each point and see its validity.

## **Step 3: Demonstrate and act-as-if these beliefs are yours.**

Make lists of such demonstrations in advance of performing them to ensure you always have a pallet of things to choose from and do.

*Prepare to be astounded!!*

*You are adored!*