



Mike Dooley's 148<sup>th</sup> Mini-Manifesting Workshop July 19, 2022



**Celebrating YOU**



## ***Finding Your Power in the Moment***

*Would it be enough to know that long ago, when the two of us carefully mapped out your pending adventure into the jungles of time and space, when our planning was done and the "big picture" revealed... you burst into tears of joy, overwhelmed with its perfection and who you'd become?*

*Yeah, like a baby. Me too - The Universe*



**Know This**



**All that stands between you and absolute joy is *what you choose to think!***

- 1. Free yourself from the past.** *Forgive others. Forgive yourself.*
- 2. Surrender to the future.** *With the slightest vision and baby steps, you will exceed your every expectation.*
- 3. Bask in the glory of yourself in *this* moment.** *You already have everything you need to have all you want.*



**Let's Go!**



**Share in a guided meditation with Mike.**

*You're sitting comfortably at the beach, early morning, the sun just rose...*

*You hear gentle waves and seagulls, you feel a light breeze, smelling salt in the air...*

*You're absolutely present, focused in the moment. Your mind is calm. It's not telling any stories. There's no need for justifications or explanations...*

*You are deeply at peace with yourself and all things... feeling so grateful...*

*(to be continued, live)*



**Affirmation**



*"I am here & now... Here & now... Here & now."*