

## Mini-Manifesting Workshop, November 26, 2019

# The Power of Being Authentic

#### Mike Dooley

#### The Ideal; the Promise

- o You find less resistance; little upsets you.
- o Life gets easier; you're aligned with the entire Universe and truth.
- o You automatically begin attracting all good and necessary things.
- o You see things more clearly and with greater confidence.
- o Your life automatically becomes a life of divinely selfish service.
- o You discover your true purpose... to be YOU; who God most wanted to be.

### 7 Steps to Unleashing Your Authentic Self

- 1. Be led by joy (or your closest approximation of it).
- 2. Follow your heart, blended with logic. Be the judge of what's right for you. Honor your preferences.
- 3. Speak your mind.
- 4. Treasure your hardest life lessons. There were no accidents and there should not be any shame.
- 5. Face your present fears, drill down, self-reflect, go within.
- 6. Give thanks that your life is now exactly as it is.
- 7. Get out more! Dance life's dance!